



Lawley Primary School

Discovery unites us!

Planting the seeds, growing the future

11th October 2017

Dear Parents/Carers

Headlice

I am writing to inform you that cases of headlice have recently been reported in your child's class.

Can I please ask you to check your child's hair on a daily basis and then weekly, to try and help eliminate this outbreak.

On the following page is an information sheet, which you may find useful to keep for reference.

Yours sincerely

Mrs C A McQuiggin

Headteacher

Headteacher Carol McQuiggin

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BUGZ - A Handy Guide to Headlice

The best way of getting rid of headlice is to carry out the wet combing method, which can take 2 - 3 weeks to clear the hair totally.

This is what to do:-

1. Wash the hair as usual with ordinary shampoo
2. Apply conditioner to the hair and smooth it all over the hair. This is best done whilst in the bath or shower
3. Comb the hair with a wide toothed comb to remove any tangles
4. Using a **metal** nit comb, gently comb the hair, a small section at a time. The comb will kill or damage most of the big adult lice who are the ones that lay eggs
5. Rinse hair well

Repeat this process every other day. You will probably have eggs in your hair (nits) which cannot be washed out, combed out or treated with lotions. All you can do is allow them to hatch into baby lice and comb them out as above

If you do this every other day you will remove the baby lice before they grow big enough to lay any more eggs. By breaking the life cycle in this way you will stop new eggs being laid and prevent re-infection. Try not to share your lice with anyone else, so keep your head away from other people whilst you are treating them.

If you have a severe case of headlice you may need to use an insecticide from the chemist. Follow the instructions carefully.

"If you break their legs they can't lay eggs"

- *Lice do not jump, swim or fly. You get them by head to head contact with another affected person. It is often close friends or relatives who give you them - not your worst enemy!*
- *Conditioner does not kill lice – the comb does that. The job of conditioner is to stop the lice moving and help the comb to go through your hair painlessly*
- *You need to keep this up for 2-3 weeks to get rid of them all*
- *Re-infection usually happens because eggs get left in the hair which hatch out weeks later*

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