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| **Year Group** | **What is taught** |
| 1 | Appropriate contact – *children will learn the difference between acceptable and unacceptable touch (hitting, biting, smacking, etc).* |
| 2. | Appropriate contact: My Private Parts – *Children will learn the correct name for private parts*  Appropriate contact: My private parts are private – *Children learn the NSPCC PANTs rule and safe and unsafe touch* |
| 3 |  |
| 4 | Introducing puberty: *Children will learn how our bodies and emotions will change during puberty* |
| 5 | Puberty: *Children learn the names for the sexual external parts of the body and label the internal reproductive organs*  Menstruation: *Children will know about the process of the menstrual cycle*  Emotional changes in puberty: *Children will learn about how their feelings will change during puberty* |
| 6 | Physical and Emotional changes during puberty: *Children will be recapping the names of the external and internal reproductive organs* *and the changes in puberty*  \*\*Conception: *Children will recap the menstrual cycle and learn about how a baby is conceived*  \*\*Pregnancy and Birth: *Children will learn how a baby develops in the womb during pregnancy* |