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|  | Autumn 1  *Black History Month*  *World Mental Health Day* | Autumn 2  *Kindness Day*  *Children in Need*  *Anti-Bullying Week* | Spring 1  *Children’s Mental Health Week* | Spring 2 | Summer 1  *LBGTQ+ Month*  *Mental health awareness Week* | Summer 2 |
| Year 1 | Family and relationships (5 lesson) | Expect Respect (1 lesson) | Health and wellbeing (7 lessons) | Citizenship (4 lessons) | Safety and the changing body (6 lessons) | NSPCC lesson 1  Transition (1 lesson) |
| Year 2 | Family and relationships (4 lessons) | Expect Respect (1 lesson) | Health and well-being (5 lessons) | Citizenship (4 lessons) | Safety and the changing body (5 lessons) | NSPCC lesson 2  Transition (1 lesson) |
| Year 3 | Family and relationships (5 lessons) | Expect Respect (1 lesson) | Health and wellbeing (4 lessons) | Citizenship (5 lessons) | Safety and the changing body (5 lessons) | NSPCC lesson 3  Transition (1 lesson) |
| Year 4 | Family and relationships (5 lessons) | Expect Respect (1 lesson) | Health and wellbeing (7 lessons) | Citizenship (5 lessons) | Safety and the changing body (5 lessons) | Transition (1 lesson) |
| Year 5 | Family and relationships (6 lessons) | Expect Respect (1 lesson) | Health and wellbeing (6 lessons) | Citizenship (5 lessons) | Safety and the changing body (5 lessons) | NSPCC lesson 4  Transition (1 lesson) |
| Year 6 | Family and relationships (4 lessons) | Expect Respect (1 lesson) | Health and wellbeing (7 lessons) | Citizenship (4 lessons) | Safety and the changing body (6 lessons) | Identity (2 lessons)  Transition (1 lesson) |